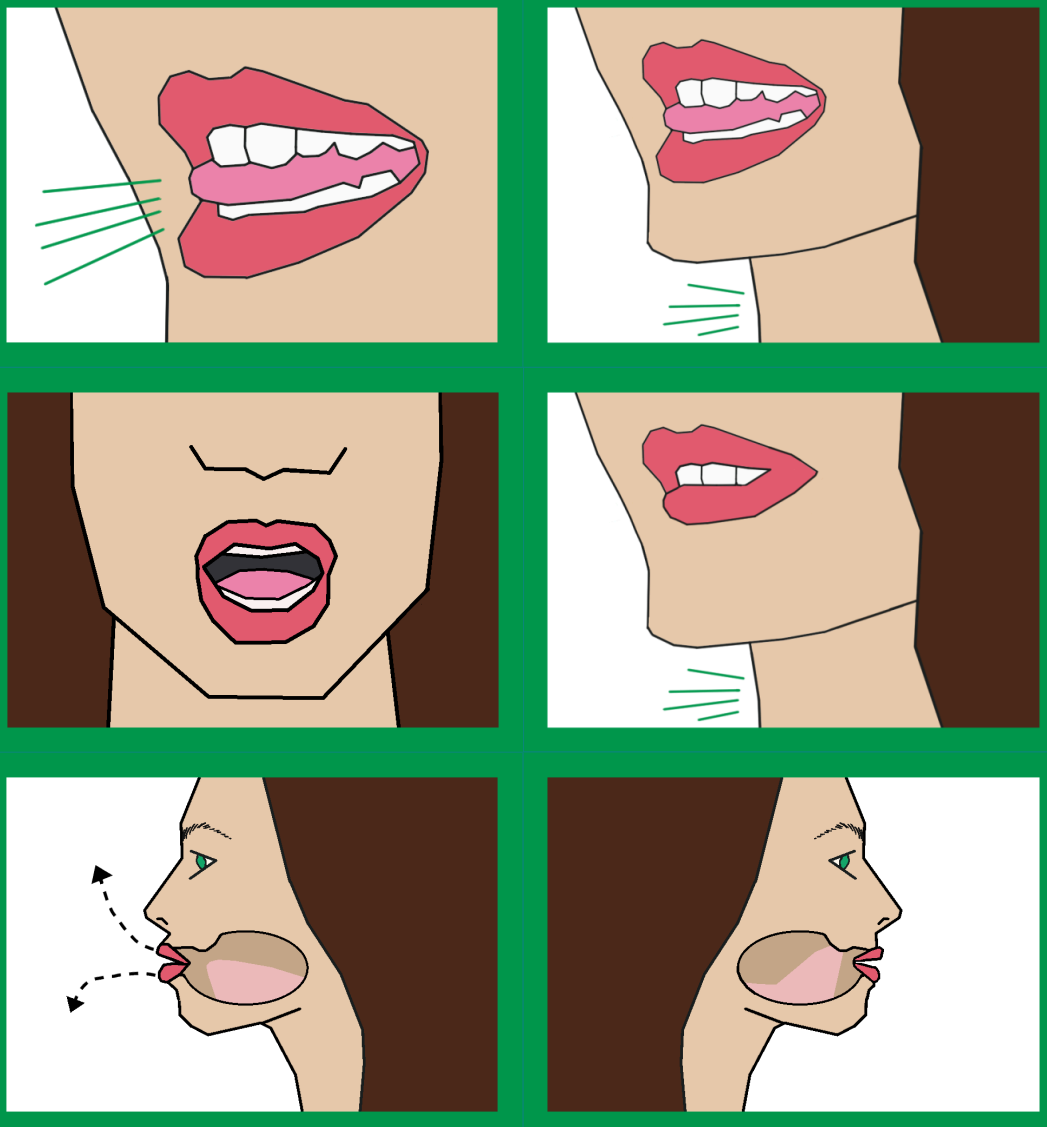
pronunciation challenge

発音チャレンジ

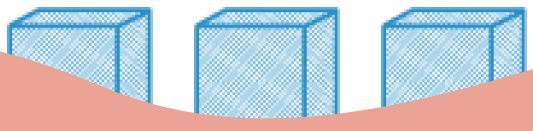


Green Square

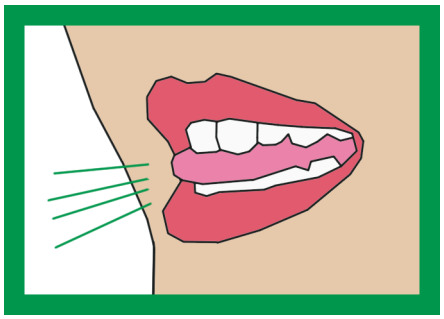
Shameer Khan

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Challenge 1
th (θ) / S (Unvoiced th)



無声の「th」音を出すには、次の手順に従ってください。

1. 舌を上の歯と下の歯の間に挟みます。
2. 舌と歯の間の隙間から息を押し出します。

舌をその位置に置いた状態で、優しく息を吐くようなイメージです。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Think	**Sink**	**Thank**	**Sank**
Thought	**Sought**	**Thick**	**Sick**
Thumb	**Sum**	**Bath**	**Bus**
Myth	**Miss**	**Thing**	**Sing**
Moth	**Moss**	**Path**	**Pass**

Practice 1

Theta was **thirty** years old when she became a **thief**. She remembered the day perfectly; she had a **toothache** that morning and fell to the **bathmat** with her **thumb** pressing against that aching **tooth**. She stayed lying on the **bathmat** for **thirty three** minutes. She always **thought** her **teeth** were **healthy**. She always **thought** she was **healthy**. She was **thin**, **athletic** and had a lot of **strength**.

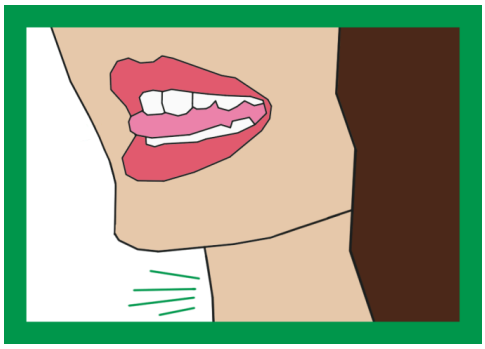
Practice 2

She eventually stood up, changed out of her **bathrobe** and into a black t-shirt and black jeans. She liked black, she **thought** she looked like a **panther**. Her **tooth** was still **throbbing**, but she ignored it. She picked her keys up off the floor, they had fallen **underneath** the table, and she opened the door and left her apartment.

Practice 3

She lived on the **south** side of town. It was a nice apartment building with a beautiful **pathway** and **three birdbaths**. She walked along the **path**, past the **birdbath** and out onto the road. Her hair was long and her face was **youthful**. She walked along, her **tooth** aching, her **throat** getting dry, remembering the **oath** she made when she was fired by the **theatre** on her birthday; "I will be **anything**, but a victim". That was when she decided to become a **thief** and steal everything her **wealthy** boss had.

Challenge 2
th (ð) / Z (Voiced th)



有声の「th」音を出すには、次の手順に従ってください。

1. 舌を上の歯と下の歯の間に挟みます。
2. 声帯をわずかに振動させます。
3. 舌と歯の間の隙間から息を押し出します。

舌をその位置に置いた状態で、「d」音を長く伸ばすようなイメージです。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

With	**Weather**	**These**	**The**
This	**Feather**	**Loathe**	**Clothing**
That	**There**	**Seethe**	**Mother**

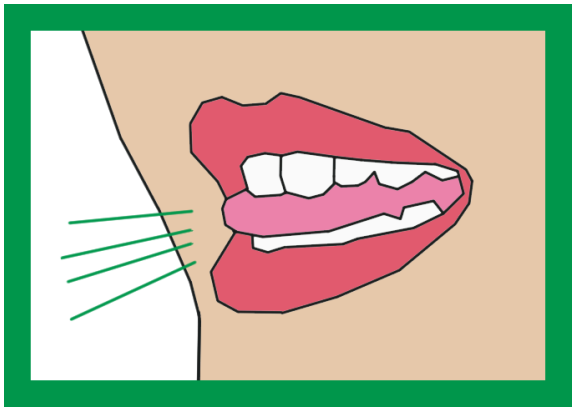
Practice 1

That day, when Theta was fired by **the** theatre, was a terrible day. She **loathed** everything about her boss; **the** way he spoke, **the clothing** he wore, **the feather** in his hat, even his **breathing** was **bothersome**. When he fired her, he had a smile on his face, as **though** he enjoyed this act. He was a wealthy man and believed **that** his **clothing** should show it. He bought an expensive suit, **then another** and **another** and **another**. **The** suits **themselves** did not look very good, but he collected **them**, just because he could.

Practice 2

Theta's best friend, **Heather**, didn't like her boss **either**. **Heather** and **this loathsome** boss were working late **together** one evening and he tried to take off her clothes. **Heather** remembered how strong his smell of perfume was, it was like he **bathed** in perfume. Theta walked to **the** theatre quickly, she was still **seething**, but at least **the weather** was nice. She had tried telling her **mother** and **father** how horrible **this** man was, but **they** believed **that** Theta should just keep her head down and work hard, **therefore** she did and she was still fired. She **gathered** her things, **there** wasn't a lot, a few pens, a couple of pictures, a bottle of water, **other than that**, **there** was nothing. She compared her life to **the** life of her boss and made her decision, **seething** and full of **loathing**; "I will take everything from him".

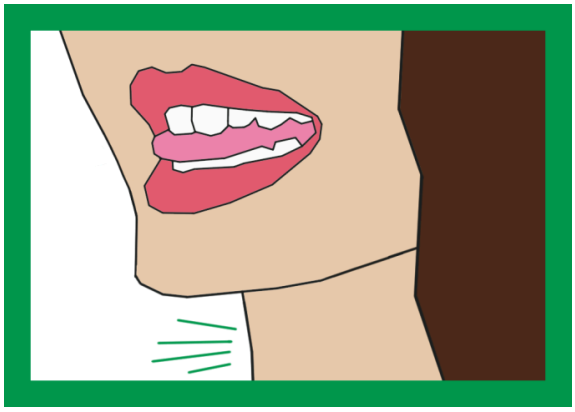
Challenge 3
Unvoiced vs Voiced th



無声の「th」音を出すには、次の手順に従ってください。

1. 舌を上の歯と下の歯の間に挟みます。
2. 舌と歯の間の隙間から息を押し出します。

舌をその位置に置いた状態で、優しく息を吐くようなイメージです。



有声の「th」音を出すには、次の手順に従ってください。

1. 舌を上の歯と下の歯の間に挟みます。
2. 声帯をわずかに振動させます。
3. 舌と歯の間の隙間から息を押し出します。

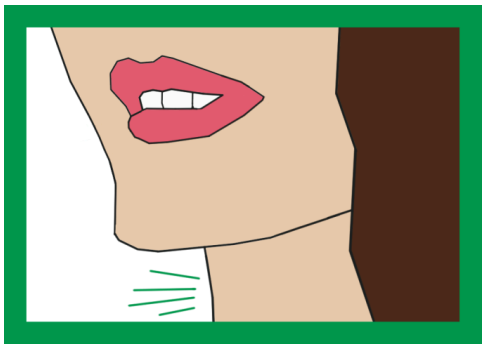
舌をその位置に置いた状態で、「d」音を長く伸ばすようなイメージです。

以下の文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Practice 1

That was **the** plan. **There** were many **things** which she had to consider. How was she going to take **that** man's **things**? She could **either** do it at night or by day. She didn't want to **bother** herself by waking up in **the** middle of **the** night. Plus, she knew **that** he didn't really care for much except for one **thing**. **There** was one **thing that** was important to him. She knew **that** if she could take **that thing** from him, she would win. She was **seething** from her **loathing**, but slowed her **breathing** as she approached the **theatre** and saw **that worthy** prize.

Challenge 4
V (v) / B (b)



「v」音を出すには、次の手順に従ってください。

1. 下の唇を上の前歯につけます。
2. 声帯をわずかに振動させます。
3. 唇と歯の間の隙間から息を押し出します。

唇を閉める代わりに、唇を歯に触れた状態で、「b」音を長く伸ばすようなイメージです。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Van	Ban
Vendor	Bender
Vat	Bat
Vet	Bet

Practice 1

It was her boss's **van**. It was an old **Volkswagen van** and it was **very valuable** to her boss. He once discovered a scratch on the side of the **van** and he was **livid**, **very very vex**. It made a lot **of** noise. When he **drove** the **van** it made nearby windows **vibrate**. Even so, the boss **loved** that **van**. He **loved** that **van** just as Theta had **loved** her job at the theatre. His **voice** was so gleeful when he fired her. He always found **victory** in **victimising** others.

Practice 2

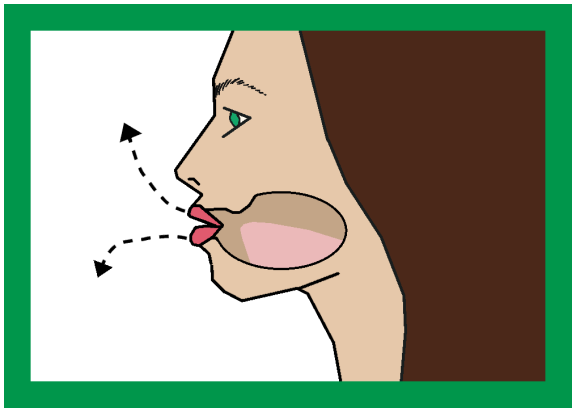
He had **victimised various** people. There were many people who wanted **vengeance** against him, **vast** numbers of **victims** who had **vendettas**. The boss did not know it, but his **various victims** were coming to **vanquish** him. Theta was not alone. She **arrived** at the theatre and saw the prized **van**. She looked closer and saw that it had been **vandalised**.

Practice 3

The **driver's** window was smashed. The boss was in the **driver's** seat, **heavily** bleeding onto his **olive** coloured shirt. His **sleeves** were **covered** in blood. Blood was dripping from his head onto his **Levis** jeans. There was smoke rising from the **van** like a **volcano**. His time would soon be **over**. Theta had a choice to make; **forgive** and **recover** her boss, or **move** on and **leave** him in the **van**.

Challenge 5
R / L

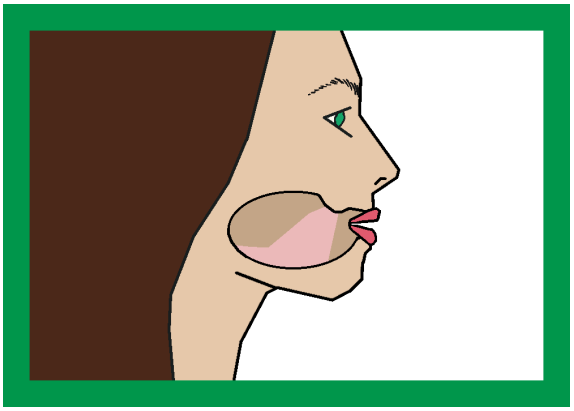
R



「R」音を出すには、次の手順に従ってください。

1. 舌は口蓋に触れません。
2. 唇は外側にカーブします。
3. 下の唇の内側が上の歯に触れるようにしながら、声帯を振動させます。
4. 声帯を振動させながら、下の唇を上の歯から離して「R」の音を出します。

L



有声の「L」音を出すには、次の手順に従ってください。

1. 舌は口を少し開いた状態で、口蓋に触れるはずです。
2. その後、声帯を振動させ始めます。
3. 舌を口蓋から離して「L」の音を出します。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Rake	Lake	Rate	Late
Right	Light	Raft	Laughed
Rally	Larry	River	Liver

Difficult words

Appropriately	Preferably	Reliable	Rollerblading	Veterinarian

Practice 1

She would have **preferred** to leave him in the van. She didn't want to **risk** her life. She **realised** it was **repulsive** to **retreat** from this **responsibility** to **rescue** this loathsome man, **regardless** of how he **repulsed** her. She **remembered** an important lesson. All human life is important. It wasn't **right** to leave this man. She decided to **rescue** him, because she didn't want to **experience** any **remorse**. She felt **very strange**, like her **memory** was **trying** to **remind** her of something. She felt like her **memory** had been **corrupted**, but she had to forget this feeling and **rescue** her **repulsive** boss.

Practice 2

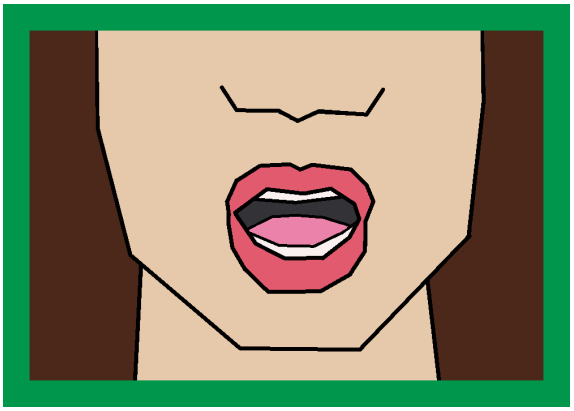
She **ran** over to the van, **ripped** open the door of the **driver's** seat and **tried** pulling the seat belt out **from** the socket. It was jammed. She could hear **sirens approaching from** far away. Smoke started to fill the van and there was a faint **orange** glow coming **from** the van's bonnet. She could hear her boss **struggling** to breathe. He was starting to wake up. She managed to **rip** the seat belt out **from** the socket and with a loud **roar** she pulled her boss **from** the van.

Practice 3

As the boss **dropped** to the **ground** an **array** of **rap** and **rock** n **roll** CDs fell to the **ground** with him. His head hit the **ground** as the **fire grew rapidly**. In the back of the van was a box of her boss's **favourite records**. She **recognised** how valuable they were and she **remained** wanting **revenge**, so she **dragged** her boss far away **from** the van for his own safety and **ran** back to the van, **pried** open the **rear** doors and **grabbed** the box of **records**. With the **recovered records** she **ran** with the box to a nearby tree and hid the box behind it, as the **sirens drew** closer and finally **arrived** in the car park.

Challenge 6 - A (æ) / U (ʌ)

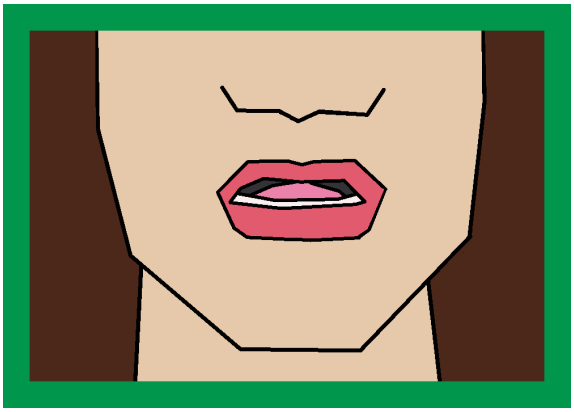
A



「A」の音を出すには、次の手順に従ってください。

1. 口を大きく開けます。
2. 唇を広い楕円形にします。
3. はっきりとした開いた母音の音で発音します。
4. 音は喉の上の方から発音されます。

U



「U」の音を出すには、次の手順に従ってください。

1. 「A」の音よりも口を小さく開けてください。
2. 音は喉の奥から発音されます。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Cat	Cut	Hat	Hut	Pat	Putt
Mat	Mutt	Bat	But	Drank	Drunk
Bank	Bunk	Rat	Rut	Stack	Stuck
Tack	Tuck	Ran	Run	Lack	Luck

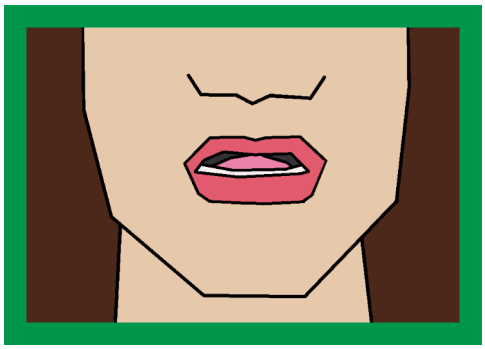
Practice 1

The police arrived and found the boss lying on the ground. There was a **cut** on his head and a **cat** sitting by his feet. The **cat** had **come** out of nowhere and was licking its **butt** as the police waved their **bats** to scare off the **cat**. Theta **ran** over to the police officers, **but** the police shouted **at** her to stop **running**. They drew their **guns** and told Theta to put her **hands** in the air. She **had** a **rag** in her hands. She wanted to try and stop the bleeding with the **rag**. **Suddenly** there was a big **bang** as the petrol **tank** of the **van** exploded.

Practice 2

The **cat ran** away, the police dropped to the ground, **but** Theta **ran** over to the boss and put the **rag** against his **cut** head. She reached for his **back** pocket and found one thousand **bucks**! She quickly hid the **money** in her **jacket** pocket. The police got to their feet and approached Theta. They pointed their **guns at** her. She could hear some **muttering coming** from her boss. He was talking about a **cat** hiding in a **hut** and a **mutt** who had stolen his **hat**. The police asked the boss if he was okay. His eyes suddenly opened, he **jumped** to his feet and **ran** after the **cat**, Theta and the police **ran** after him.

Challenge 7 - (ə) schwa



「ə」（シュワ）の音は、英語の「U」の音と非常によく似ています。

1.「A」の音よりも口を小さく開けてください。
2. 音は喉の奥から発音されます。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Water	Mother	Lover	Brother
Sister	Announcer	Theatre	Alive
Panda	Vendor	Worker	Under

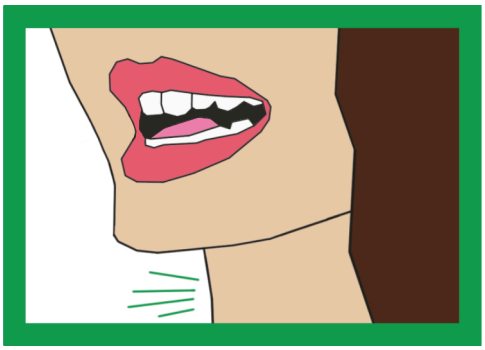
Practice 1

The **fire** continued as **Theta** and the police **officers** chased the boss. He was screaming at the cat who had run away. The cat was running as fast as it could as the boss chased **after** it. The boss and the cat were both **faster** than **Theta** and the **officers**. **Theta's** boss used to be a **runner** a long time ago, so he could run **faster** than **other** people. In the background the sirens of ambulances could be heard. Up ahead the sound of barking could be heard. A large dog appeared **ahead** of them. The cat jumped **over** it and ran **over** to the **theatre entrance**.

Practice 2

The large dog barked, acting as a **defender** for its **master**, the cat. The boss ignored the dog and jumped **over** it, as he jumped his **laughter** filled the air. **Theta** and the police were left behind and the dog barked, turned and chased **after** the boss. **Theta** continued and ran round the **corner**, but there was no one there. There **was** no cat, no boss and no dog. The police behind her had disappeared. She tripped **over** and fell to the floor. She slowly stood up and saw that the thousand bucks had fallen out of her pocket. Then the cat, dog and the boss jumped out and ran **after** the money that had fallen from **Theta's** pocket. The **ambulance** sirens got **louder** and **louder** as they got **closer** and **closer**. But where had the police **officers** gone?

Challenge 8 - (-age)



「age」という接尾語を発音する際、多くの日本人は「エージ」と発音しますが、実際の音は「イジ」のような「i」の音に近い発音です。例えば、「Damage」はカタカナで「ダメージ」と書きますが、英語の発音は「ダミジ」に近い発音になります。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Advantage	Damage	Manage	Package	Marriage	Courage	Language
Coverage	Mortgage	Voyage	Shortage	Village	Beverage	Cottage
Message	Sewage	Average	Sausage	Garbage	Savage	Image

Exceptions - Monosyllabic words (単音節語)

stage	age	cage	page	wage	sage

Other exceptions

Teenage	Massage	Homepage	Birdcage	Offstage	Sabotage

Practice 1

There was a big commotion as the cat, dog and the boss fought over the envelope full of money. The cat **managed** to steal the **package** and ran off towards a nearby **cottage**. The dog ran after the cat, accidentally knocking over a **garbage** can filled with empty **beverage** cups. The boss tripped over the **garbage** and hit his head on a **sewage** cover. He screamed a **savage** cry as he slowly rose to his feet and chased the **package** again. Theta tried to pinch herself, this entire event seemed to be like an **image** from a movie or a dream.

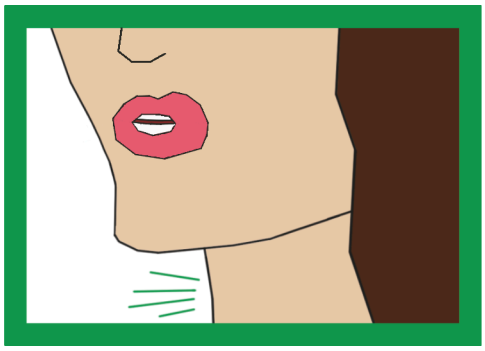
Practice 2

The cat took the **package** and climbed down a **sewage** drain underneath the **cottage**. The dog wouldn't manage to follow her down there. The boss arrived at the **cottage** and stared at the dog. The dog leapt towards him and the boss stood there with all of his **courage**. The dog knocked the boss to the ground and pulled a **sausage** from the boss's pocket. Theta looked at the dog and the boss staring at each other as the dog ate the **sausage** which probably came from the **garbage** which the boss fell over. Theta took her chances and decided to **voyage** down the **sewage** drain to find that **savage** cat.

Practice 3

Theta's friend, Heather was on her computer when she got a **message** from her teenage brother. He said that there was an explosion. "Someone probably sabotaged your boss's van, that's pretty **savage**." Heather went to the homepage of the police department's website. There was no information. She was supposed to get a massage in an hour, but **messaged** her massage therapist to cancel, got in her car and sped off to the theatre in a rage.

Challenge 9 - (-ion)



日本語では、「station」や「vacation」のように「-ion」という音を出すとき、多くの人が「ション」で終わらせますが、英語の発音は「シュン」に近い発音です。そのため、「station」は英語では「ステーション」ではなく、「ステーシュン」と発音されます。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Information	Relation	Distraction	Action
Communication	Education	Station	Nation
Tension	Division	Occasion	Commission
Invasion	Vision	Decision	Mission

Practice 1

There was not a lot of **information** on the news on the local radio **station**, so Heather had no idea what all the **commotion** was about. She felt like she was in an **action** movie as she sped towards the theatre. She could see smoke rising to the sky. There was a **tension** in the air and as she got closer she saw that the smoke was not just from her boss's van, but the whole theatre and the cottage next to the theatre were on fire! The smoke filled her **vision**. There was an **invasion** of her lungs by the smoke. She started to feel dizzy, her **vision** blurred. She stopped the car by the bus **station** and continued her **mission** on foot.

Practice 2

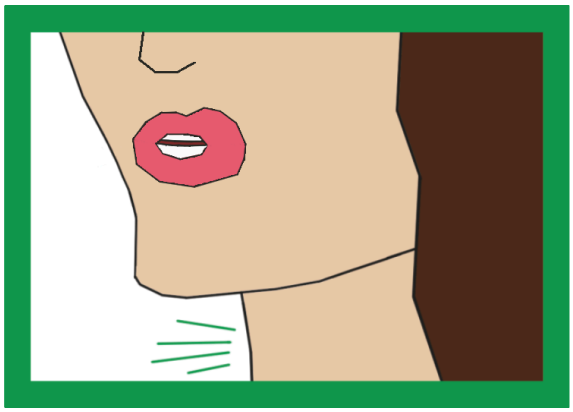
The cat and Theta were underground. The smell of sewage was a massive **distraction**. Theta thought back to the beginning of her day, she didn't think her day would be full of so much **action**. She spoke to the cat, trying to get **information**. She knew that this was no normal cat. "What's your name? Are you capable of **communication**?" The cat looked in her **direction**. There was **tension** in the air and then the cat spoke. "Of course! But my name has no **relation** to this matter." Replied the cat. Footsteps approached and the boss and the dog stared at Theta and the cat.

Practice 3

"That cat is not a cat, Theta." Said the boss "She is attempting an **invasion** on our **nation** and with all of our **nation's divisions**, we have not had the **vision** to foresee our **mission** to bring **action** against this **invasion**. I made the **decision** to try and stop them, perhaps encourage some **reaction** against them." Theta looked at the cat. "Is it true? Are you attempting an **invasion** on our **nation**?" The cat looked at Theta and said "Yes, our **mission** is to destroy this **nation**. We have slowly started our **operation** of **distraction**. By using internet streaming services to post cute cat videos and bring about the **destruction** of **production** in this **nation** and around the world.

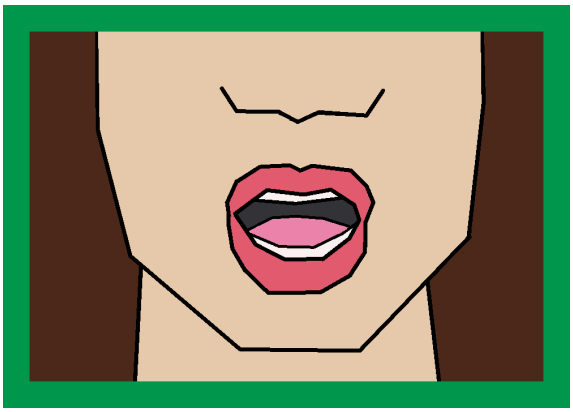
Challenge 10 - ɜː / aː (hurt / heart)

ɜː



ɜː の音は ə の音と非常によく似ていますが、はるかに長いです。音は喉の上の方から発音されます。

aː



ɑː の音は U の音と非常によく似ていますが、より長く、口を大きく開けて喉の奥から発音します。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Hurt	Heart
Heard	Hard
Fur	Far
Purr	Par
Yearn	Yarn
First	Fast

Other difficult words

Skirt	Shirt	Worst
Purse	Curse	First
Bird	Earth	Birthday
Perth	Birth	Worth

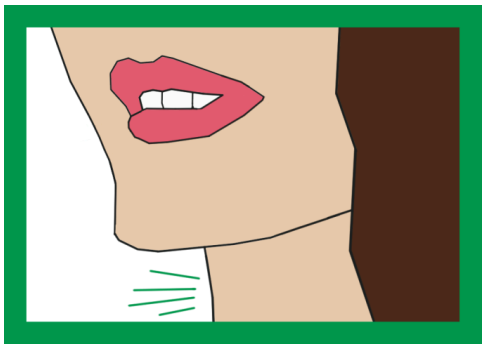
Practice 1

Theta couldn't believe what she had **heard** and her **heart** was beating **fast** and **hard**. Her chest **hurt** and **her** toothache was getting worse. At **first** she had **yearned** for revenge against **her** boss for what he had done in the **past** and now with **pursed** lips she stared at the cat with its **fur** as black as night, it's **purr** travelling **far** beyond this place. She felt the **worth** of what she felt she had **earned** pushing down on **her**, with the weight of the **earth** on **her** shoulders and **her hard** and **fast heart** beating through **her shirt**, her eyes **turned inwards** and she **started** to fall.

Practice 2

She awoke at **her** desk. **Her skirt** and **her shirt were** soaked with sweat. She **heard her heart** beating through **her shirt** and **first** she thought this **earth** was a **curse**. She woke from **her cursed** dream **her first** thoughts **were** the **purrs** of the cat. **Her** tooth and **heart** no longer **hurt**. She rubbed **her** eyes and looked at **her** computer screen and she saw a cat **purr**, playing with **yarn**, its **fur** as black as night on a video. It was all a dream. She looked at **her** email as she thought about **her** upcoming holiday to **Perth** and saw an email from **her** boss that his wife had given **birth**. It was all a dream. She still **worked** and **earned her** living at the library. She looked into the **garden** and saw a **bird** being chased by a **fast** cat. The cat stopped, looked at Theta and smiled.

Challenge 11
Si (SI)



「SI」の音は、次のように発音します。

1. 歯を近づけます。
2. 舌を口蓋のすぐ下に置きます。
3. 舌の上と歯の間に息を吹き込みます。

以下の単語や文章を自分で読んで録音し、先生にチェックしてもらいましょう。

Six	Sin	Sip
Sick	Sing	Simple
Symbol	Sink	Simmer
City	Cinema	Cinder

Practice 1

This **city** cat stopped and smiled at Theta and she could **see** that this **city** cat was not a **simple** cat. She could hear **singing** from the cat. She climbed out of her window and followed this cat through the **city**. The cat was like a **symbol** of life that used to be **simple**, but now a rage **simmered** under the surface.

Practice 2

The **city** cat found **six** other cats near the **cinema** in the **city** and one of them was **sick**. It was **sitting** next to a **sink**, **sipping** water from the dirty **sink**. Life wasn't **simple** even for these **six city** cats **sitting** by the **cinema** with their **sick** friend **sipping** dirty water from a **sink**. Theta felt a **sinking** feeling as she could **see** that this **city** was **singing** to her to **see** a **simpler** life away from the **city**.

Practice 3

Six months later, Theta was in a small village. From her new house she could hear **singing** from birds, she could **see** beautiful **scenery**. She wanted a **simpler** life, so she left the library and she left the **city**. The rage **simmering** underneath was **sinking**, the **cinders** of her past life, her **sins** and her pains were left in the **city**. She **sipped** her tea staring at a **cedar** tree. Her door slowly opened and the **sick city** cat came to **sit** next to her. They both enjoyed their **simple** new lives.